

RATE OF SUICIDE AMONG YOUTH

CAUSE OF SUICIDE IN YOUTH:

Things that increase the risk of suicide among teens include a psychological disorder, especially depression, bipolar disorder and alcohol and drug use (in fact about 95% of people who die by suicide have a psychological disorder at the time of death) feelings of distress, irritability or agitation.

SOME POSSIBLE REASONS FOR AN INCREASE IN SUICIDE:

- Family history of suicide (or) child maltreatment
- Previous suicide attempt (s)
- Mental illness particularly clinical depression.

STATISTICS:

CONTRIBUTION FACTORS	PERCENTAGE (%)
Drug abuse/ alcohol addiction	5.6
Marriage related issue	5.5
Love affairs	4.5
Bankruptcy (or) Indebtedness	4.2

The study said that other factors including higher levels of male unemployment and higher literacy rates were linked with higher risks of suicide. In 2021, a little more than a quarter of suicide victims were women.

- Alcohol or other drug misuse.
- Physical illness and chronic pain.
- Hopelessness, impulsiveness, aggressiveness.
- Local epidemics of suicide.
- Isolation.

MAIN REASON FOR SUICIDE IN INDIA:

These five stages together accounted for almost half of the total suicides recorded in India in that year. The male to female suicide ratio in 2021 was 72.5 : 27.4.

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