



THE PAIN OF SILENCE

How is it possible to become silent all of a sudden?

How does it happen?

What might be the cause?

Why it's piercing me like thorns?

My mind screams because of this.

My thoughts are filled with dark clouds.

My heart gets hurt everyday

My soul is fighting with this silence

endlessly.

The pain of silence motivated me to speak.

I spoke. My heart became light.

I felt that I'm strong enough to face the challenges in my life.

Yes, now I'm ready for the new chapter of my life.

It's good to remain in silence in some occasions.

But, not in all.

S. DIVINA

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